

Praying with the Psalms



The Psalms have long been used to teach believers the language of prayer. These prayers are sneak peeks into people's thoughts, struggles, sins, doubts, worship and faith. These songs of prayer teach us that all of life is to be lived with God in mind, God in view and God in conversation. They are brutally honest and inspiring. The Psalms have been prayed by our spiritual ancestors and more importantly, by our LORD Jesus Christ. This small resource helps to divide the Psalms into specific groupings to help you better reference them for your own prayers. These divisions are not an exact science and some of the Psalms can be found in more than one grouping. Personalize these prayers and use them to draw closer to the LORD.

—Pastor Ron

Confession & Forgiveness

Psalm 6, 31, 32, 38, 41, 51, 66, 102, 130, 139:23-24, 143

Psalm 51 is possibly the best example of confession, repentance and seeking forgiveness in the Scriptures.

Tears & Fears

Corporate Lament: Psalm 12, 44, 60, 74, 79, 80, 83, 85, 90, 94, 123, 126, 129

Personal Lament: Psalm 3, 4, 5, 7, 9-10, 13, 14, 17, 22, 25, 26, 27, 28, 31, 36, 39, 40:12-17, 41, 42-43, 52, 53, 54, 55, 56, 57, 59, 61, 64, 69, 70, 71, 77, 86, 89, 120, 139, 141, 142

These Psalms will help you deal properly with the grief, sorrow, worry and fear that weigh you down.

Evil, Enemies & Anger

Psalm 5, 6, 7, 11, 12, 35, 37, 40, 52, 54, 55, 56, 58, 59, 69, 79, 83, 109, 137, 139, 143

These Psalms help us to honestly deal with a serious emotion that is part of the human experience. We must learn to take our anger to the LORD and talk to Him about it or else we will pour our wrath out on those around us. These must be prayed in light of the Gospel of Jesus Christ and what our LORD teaches us about destructive anger.

Wisdom & Instruction

Psalm 1, 10, 12, 15, 19, 32, 34, 36, 37, 49, 50, 52, 53, 73, 78, 82, 91, 92, 94, 111, 112, 119, 127, 128, 139

God and His Word are our true sources of wisdom. Learn to cry out to God for His wisdom & instruction. Psalm 119, the longest chapter in the Bible, is a great prayer giving tribute to and request for God's instruction.

Thanksgiving & Praise

Thanksgiving Psalms: 18, 21, 30, 32, 34, 40, 65, 66, 67, 75, 77, 92, 105, 107, 108, 116, 118, 124, 126, 136, 138

Royal Psalms: 2, 18, 20, 21, 29, 45, 47, 63, 72, 89, 93, 95, 96, 97, 98, 99, 101, 110, 132, 144, 145

Praise Psalms: 8, 19, 33, 66, 67, 95, 100, 103, 104, 111, 113-118, 145, 146, 147, 148, 149, 150

Trust Psalms: 11, 16, 23, 27, 62, 63, 91, 121, 125, 131

Historical Psalms: 8, 44, 78, 105, 106, 135, 136

These Psalms help you express your thanks and praise to God. These help you lift your head out of the difficulties of life and reorient you to the greatness and goodness of God. You should always mix in thanksgiving every time you talk to the LORD. Be anxious for nothing, prayer about everything, be thankful in all things.